## HOW CAN I SUBMIT MY TEXT?

## Please submit your text by email to post@sitterwerk.ch

- in Word format
- in German, French, Italian or English
- maximum length: 2000 words
- You can include images in jpg format.
- Please cite image sources and captions below the text in the Word file.
- Fill in the form below, sign it and include it in your email.
- Send your text as a Word file, including image sources and captions.
- Please attach images separately in jpg format. If the files are too large to fit in one email, please send each image in an individual email.
- We will not consider files sent via WeTransfer, Google Docs or similar download links.
- Emails may not exceed 12MB.

Please **DO NOT** write your name **in the Word file**. Otherwise, we cannot guarantee anonymized evaluation of the texts submitted.

## Conditions

- Writers must be at least 18 years old at the time of submission.
- The texts must be unpublished and should be written expressly for the purpose of this contest. Exception: personal blogs and websites.
- Each participant may submit no more than one text.

By sending this form, you accept the conditions of participation specified above. The Sitterwerk Foundation reserves the right to disqualify participants who do not comply with the conditions stated above.